



The Capitol Sea Devils is the proud sponsor and host of Swim & Rock, the most popular Championship format (preliminaries plus finals) swim meet of the PVS Short Course Season.

We have many open vacancies for volunteers in each session:

- Awards – affix labels to medals and ribbons, then sort by team
- Deck Marshal – ensures the safety on the deck and controls access to the pool deck; needed for both the girl's and boy's pools
- Hospitality – assist with the re-supply of food and beverages offered to officials, coaches, timers, and meet volunteers
- Head Timer – provide additional stop watch support for lane timers; needed for both the girl's and boy's pools
- Pool Runner – post lane assignments, heat assignments, & results. May help collect lane timer sheets at the end of each event. Needed for both the girl's and boy's pools
- Table Worker – assist with positive check-in events and scratches for finals
- T-Shirt and Program Sales – Sell the official meet t-shirt and programs in the upstairs lobby

Every volunteer receives a limited edition meet staff shirt (these are collector's items!) and has access to our amazing hospitality. Plus – you get the best view of your swimmer in action during the meet.

Sign-ups are available via the [Swim Portal](#) or by contacting the Swim & Rock Meet Director Melanie McKula at [melaniemckula@gmail.com](mailto:melaniemckula@gmail.com)