



## **Potomac Valley Swimming**

**2024 Short Course 14 & Under**

**Championships Qualifying Standards**

<b>Girls LCM</b>	<b>Girls SCY</b>	<b>10 &amp;U</b>	<b>Boys SCY</b>	<b>Boys LCM</b>
37.29	32.69	<b>50 Free</b>	32.59	37.19
1:22.79	1:12.29	<b>100 Free</b>	1:11.99	1:22.69
2:59.99	2:36.99	<b>200 Free</b>	2:35.59	2:59.99
6:37.19	6:59.99	<b>500 Free</b>	6:59.99	6:26.39
43.99	38.29	<b>50 Back</b>	38.49	44.29
1:36.29	1:22.49	<b>100 Back</b>	1:22.49	1:37.59
49.59	43.09	<b>50 Breast</b>	43.59	50.39
1:48.49	1:33.39	<b>100 Breast</b>	1:33.39	1:50.09
42.69	37.09	<b>50 Fly</b>	37.39	42.79
1:44.19	1:30.39	<b>100 Fly</b>	1:30.99	1:47.59
NT	1:22.09	<b>100 IM</b>	1:21.79	NT
3:30.19	2:57.99	<b>200 IM</b>	2:57.99	3:31.29
2:35.89	2:14.79	<b>200 Free Relay</b>	2:14.39	2:38.19
3:00.79	2:35.99	<b>200 Medley Relay</b>	2:35.99	3:00.79



# Potomac Valley Swimming

2024 Short Course 14 & Under

Championships Qualifying Standards

Girls LCM	Girls SCY	11-12	Boys SCY	Boys LCM
32.79	28.39	50 Free	28.39	32.59
1:10.99	1:01.49	100 Free	1:02.39	1:10.19
2:35.89	2:15.99	200 Free	2:14.99	2:39.19
5:28.39	5:55.99	500 Free	5:55.99	5:28.69
38.79	32.89	50 Back	33.09	39.19
1:22.49	1:10.99	100 Back	1:10.99	1:22.99
2:51.69	2:31.39	12 and U 200 Back	2:32.69	2:53.79
42.99	37.59	50 Breast	37.59	44.09
1:32.59	1:21.19	100 Breast	1:21.59	1:34.59
3:23.59	2:54.09	12 and U 200 Breast	2:53.69	3:23.59
36.89	31.29	50 Fly	31.89	36.79
1:23.99	1:11.99	100 Fly	1:12.29	1:25.89
3:10.19	2:48.99	12 and U 200 Fly	2:43.99	3:12.09
NT	1:11.19	100 IM	1:11.29	NT
2:59.59	2:33.19	200 IM	2:33.39	2:59.59
2:15.59	1:56.99	200 Free Relay	1:55.99	2:15.59
4:49.29	4:15.99	400 Free Relay	4:15.99	4:49.29
2:23.49	2:12.99	200 Medley Relay	2:12.99	2:25.49
5:38.99	4:40.99	400 Medley Relay	4:50.99	5:40.09



**Potomac Valley Swimming**  
**2024 Short Course 14 & Under**  
**Championships Qualifying Standards**

<b>Girls LCM</b>	<b>Girls SCY</b>	<b>13-14</b>	<b>Boys SCY</b>	<b>Boys LCM</b>
30.59	26.39	50 Free	24.89	28.99
1:04.89	57.69	100 Free	53.99	1:02.99
2:20.49	2:04.09	200 Free	1:56.99	2:15.49
5:01.69	5:28.79	500 Free	5:13.69	4:57.39
10:42.59	11:39.99	14 and U 1000 Free	11:09.99	10:47.09
21.26.69	19.49.99	14 and U 1650 Free	18.49.99	21.32.89
1:15.49	1:04.99	100 Back	1:02.19	1:14.29
2:43.29	2:17.99	200 Back	2:11.99	2:35.99
1:26.59	1:14.49	100 Breast	1:09.79	1:23.49
3:08.09	2:39.99	200 Breast	2:31.39	2:59.69
1:13.99	1:04.59	100 Fly	1:00.99	1:10.99
2:55.29	2:27.99	200 Fly	2:17.99	2:47.59
2:44.99	2:19.99	200 IM	2:12.49	2:38.19
5:49.59	5:00.99	400 IM	4:43.99	5:27.09
2:09.89	1:50.99	200 Free Relay	1:44.99	2:04.29
4:42.49	4:05.99	400 Free Relay	3:49.79	4:28.69
10:45.19	8:59.99	800 Free Relay	8:59.99	10:45.19
5:21.99	4:30.99	400 Medley Relay	4:12.99	5:17.49