

# Holton-Arms Programs

DRAFT SCHEDULE – PRACTICE TIMES SUBJECT TO CHANGE

Holton Arms begin September 11, 2023

Pool Coach: Peter Karl

Program	Day(s)	Practice Times: 9/12 – mid-Nov//mid-Feb – 5/24	Winter practice times: mid-Nov-mid-Feb	Coach
Silver (13 & older)	T Th F Sat	7:30-8:30 PM 6:30-7:30 PM 8:00-10:00 AM	8:00-9:00 PM 6:00-7:00 PM or 7:00-8:00 PM* 8:00-10:00 AM	Peter Karl
Bronze	T Th F	7:30-8:30 PM 6:30-7:30 PM	8:00-9:00 PM 6:00-7:00 PM or 7:00-8:00 PM*	Shaady Fakhri
Age Group 3	M W F	6:00-7:00 PM 5:30-6:30 PM	7:00-8:00 PM 6:00-7:00 PM or 7:00-8:00 PM*	Peter Karl w/ Reiley Adelson
Age Group 2 A	M W	5:00-6:00 PM	6:00-7:00 PM	Reiley Adelson w/ Peter Karl
Age Group 1 A	M W	5:00-6:00 PM	6:00-7:00 PM	Allie Brown
Age Group 1 B	M W	6:00-7:00 PM	7:00-8:00 PM	Allie Brown

\*Friday practice time alternates with NCAP. To be distributed by Coach Peter Karl

\*\*Blackout dates to be posted by start of season.