

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 1 Friday, 11 & Older Prelims

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Girls 11-12 100 IM	50	7	08:30 AM	_____
Prelims	2 Boys 11-12 100 IM	38	5	08:43 AM	_____
Prelims	3 Girls 13-14 100 Butterfly	51	7	08:52 AM	_____
Prelims	4 Boys 13-14 100 Butterfly	44	6	09:04 AM	_____
Prelims	5 Girls 15-18 100 Butterfly	46	6	09:14 AM	_____
Prelims	6 Boys 15-18 100 Butterfly	57	8	09:23 AM	_____
Prelims	7 Girls 11-12 100 Butterfly	28	4	09:35 AM	_____
Prelims	8 Boys 11-12 100 Butterfly	16	2	09:43 AM	_____
Prelims	9 Girls 13-14 400 IM	4	1 u	09:47 AM	_____
Prelims	10 Boys 13-14 400 IM	5	1 u	09:53 AM	_____
Prelims	11 Girls 15-18 400 IM	11	2 u	09:58 AM	_____
Prelims	12 Boys 15-18 400 IM	10	2 u	10:09 AM	_____
Prelims	13 Girls 11-12 200 Breaststroke	24	3 u	10:19 AM	_____
Prelims	14 Boys 11-12 200 Breaststroke	18	3 u	10:29 AM	_____
Prelims	15 Girls 13-14 200 Breaststroke	25	4 u	10:40 AM	_____
Prelims	16 Boys 13-14 200 Breaststroke	24	3 u	10:53 AM	_____
Prelims	17 Girls 15-18 200 Breaststroke	18	3 u	11:02 AM	_____
Prelims	18 Boys 15-18 200 Breaststroke	19	3 u	11:11 AM	_____
Prelims	19 Girls 11-12 200 Backstroke	16	2 u	11:20 AM	_____
Prelims	20 Boys 11-12 200 Backstroke	14	2 u	11:27 AM	_____
Prelims	21 Girls 13-14 200 Backstroke	25	4 u	11:33 AM	_____
Prelims	22 Boys 13-14 200 Backstroke	25	4 u	11:46 AM	_____
Prelims	23 Girls 15-18 200 Backstroke	28	4 u	11:58 AM	_____
Prelims	24 Boys 15-18 200 Backstroke	39	5 u	12:10 PM	_____
	Swimmers Counts for Warm-ups: 351	=====	=====		
	Entry / Heat Totals:	635	91		
	Finish Time			12:24 PM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 2 Friday, Distance

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Mixed 11 & Over 1000 Freestyle	46	6 u	01:00 PM	_____
Finals	26 Mixed 11 & Over 1650 Freestyle	23	3 u	02:16 PM	_____
Finals	27 Mixed 9-10 500 Freestyle	11	2 u	03:14 PM	_____
	Swimmers Counts for Warm-ups: 80	=====	=====		
	Entry / Heat Totals:	80	11		
	Finish Time			03:34 PM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 3 Friday, Finals

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-12 100 IM	8	1 u	06:00 PM	_____
Finals	2 Boys 11-12 100 IM	8	1 u	06:03 PM	_____
Finals	3 Girls 13-14 100 Butterfly	16	2 u	06:05 PM	_____
Finals	4 Boys 13-14 100 Butterfly	16	2 u	06:09 PM	_____
Finals	5 Girls 15-18 100 Butterfly	16	2 u	06:13 PM	_____
Finals	6 Boys 15-18 100 Butterfly	16	2 u	06:17 PM	_____
Finals	7 Girls 11-12 100 Butterfly	8	1 u	06:21 PM	_____
Finals	8 Boys 11-12 100 Butterfly	8	1 u	06:23 PM	_____
Finals	9 Girls 13-14 400 IM	5	1 u	06:25 PM	_____
Finals	10 Boys 13-14 400 IM	6	1 u	06:32 PM	_____
Finals	11 Girls 15-18 400 IM	8	1 u	06:38 PM	_____
Finals	12 Boys 15-18 400 IM	8	1 u	06:43 PM	_____
Finals	13 Girls 11-12 200 Breaststroke	8	1 u	06:49 PM	_____
Finals	14 Boys 11-12 200 Breaststroke	8	1 u	06:53 PM	_____
Finals	15 Girls 13-14 200 Breaststroke	16	2 u	06:57 PM	_____
Finals	16 Boys 13-14 200 Breaststroke	16	2 u	07:04 PM	_____
Finals	17 Girls 15-18 200 Breaststroke	16	2 u	07:12 PM	_____
Finals	18 Boys 15-18 200 Breaststroke	16	2 u	07:19 PM	_____
Finals	19 Girls 11-12 200 Backstroke	8	1 u	07:26 PM	_____
Finals	20 Boys 11-12 200 Backstroke	8	1 u	07:30 PM	_____
Finals	21 Girls 13-14 200 Backstroke	16	2 u	07:34 PM	_____
Finals	22 Boys 13-14 200 Backstroke	16	2 u	07:41 PM	_____
Finals	23 Girls 15-18 200 Backstroke	16	2 u	07:48 PM	_____
Finals	24 Boys 15-18 200 Backstroke	16	2 u	07:55 PM	_____
	Swimmers Counts for Warm-ups: 192	=====	=====		
	Entry / Heat Totals:	283	36		
	Finish Time			08:02 PM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 4 Saturday, Girls 13 & Older

Day of Meet: 2 Starts at 07:50 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	30 Girls 13-14 50 Freestyle	96	12	07:50 AM	_____
Prelims	34 Girls 15-18 50 Freestyle	77	10	08:01 AM	_____
Prelims	38 Girls 13-14 200 IM	50	7	08:09 AM	_____
Prelims	40 Girls 15-18 200 IM	55	7	08:33 AM	_____
Prelims	44 Girls 13-14 100 Breaststroke	72	9	08:54 AM	_____
Prelims	46 Girls 15-18 100 Breaststroke	43	6	09:11 AM	_____
Prelims	50 Girls 13-14 200 Freestyle	50	7	09:21 AM	_____
Prelims	52 Girls 15-18 200 Freestyle	58	8	09:42 AM	_____
	Swimmers Counts for Warm-ups: 256	=====	=====		
	Entry / Heat Totals:	501	66		
	Finish Time			10:03 AM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 5 Saturday, Boys 13 & Older

Day of Meet: 2 Starts at 07:50 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	31 Boys 13-14 50 Freestyle	84	12	07:50 AM	_____
Prelims	35 Boys 15-18 50 Freestyle	81	12	08:01 AM	_____
Prelims	39 Boys 13-14 200 IM	44	7	08:10 AM	_____
Prelims	41 Boys 15-18 200 IM	54	8	08:32 AM	_____
Prelims	45 Boys 13-14 100 Breaststroke	61	9	08:55 AM	_____
Prelims	47 Boys 15-18 100 Breaststroke	42	6	09:11 AM	_____
Prelims	51 Boys 13-14 200 Freestyle	56	8	09:21 AM	_____
Prelims	53 Boys 15-18 200 Freestyle	69	10	09:43 AM	_____
	Swimmers Counts for Warm-ups: 249	=====	=====		
	Entry / Heat Totals:	491	72		
	Finish Time			10:08 AM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 6 Saturday, 11-12 Combined

Day of Meet: 2 Starts at 11:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	28 Girls 11-12 100 Backstroke	57	8	11:30 AM	_____
Prelims	29 Boys 11-12 100 Backstroke	37	5	11:47 AM	_____
Prelims	36 Girls 11-12 200 Freestyle	30	4 u	11:58 AM	_____
Prelims	37 Boys 11-12 200 Freestyle	29	4 u	12:11 PM	_____
Prelims	42 Girls 11-12 200 IM	22	3 u	12:23 PM	_____
Prelims	43 Boys 11-12 200 IM	24	3 u	12:32 PM	_____
Prelims	32 Girls 11-12 50 Freestyle	97	13	12:42 PM	_____
Prelims	33 Boys 11-12 50 Freestyle	68	9	12:55 PM	_____
Prelims	48 Girls 11-12 100 Breaststroke	71	9	01:03 PM	_____
Prelims	49 Boys 11-12 100 Breaststroke	49	7	01:22 PM	_____
	Swimmers Counts for Warm-ups: 259	=====	=====		
	Entry / Heat Totals:	484	65		
	Finish Time			01:38 PM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 8 Saturday, 9-10

Day of Meet: 2 Starts at 03:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	54 Girls 9-10 100 Backstroke	39	5	03:00 PM	_____
Finals	55 Boys 9-10 100 Backstroke	37	5	03:12 PM	_____
Finals	56 Girls 9-10 200 Freestyle	11	2 u	03:23 PM	_____
Finals	57 Boys 9-10 200 Freestyle	13	2 u	03:31 PM	_____
Finals	58 Girls 9-10 100 IM	65	9	03:37 PM	_____
Finals	59 Boys 9-10 100 IM	51	7	03:56 PM	_____
Finals	60 Girls 9-10 50 Butterfly	53	7	04:11 PM	_____
Finals	61 Boys 9-10 50 Butterfly	48	6	04:20 PM	_____
Finals	62 Girls 9-10 50 Freestyle	75	10	04:27 PM	_____
Finals	63 Boys 9-10 50 Freestyle	76	10	04:38 PM	_____
Finals	64 Girls 9-10 100 Breaststroke	51	7	04:49 PM	_____
Finals	65 Boys 9-10 100 Breaststroke	46	6	05:04 PM	_____
	Swimmers Counts for Warm-ups: 216	====	====		
	Entry / Heat Totals:	565	76		
	Finish Time			05:18 PM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 9 Saturday, Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	28 Girls 11-12 100 Backstroke	8	1 u	06:00 PM	_____
Finals	29 Boys 11-12 100 Backstroke	8	1 u	06:03 PM	_____
Finals	30 Girls 13-14 50 Freestyle	16	2 u	06:05 PM	_____
Finals	31 Boys 13-14 50 Freestyle	16	2 u	06:08 PM	_____
Finals	32 Girls 11-12 50 Freestyle	8	1 u	06:11 PM	_____
Finals	33 Boys 11-12 50 Freestyle	8	1 u	06:12 PM	_____
Finals	34 Girls 15-18 50 Freestyle	16	2 u	06:14 PM	_____
Finals	35 Boys 15-18 50 Freestyle	16	2 u	06:17 PM	_____
Finals	36 Girls 11-12 200 Freestyle	8	1 u	06:19 PM	_____
Finals	37 Boys 11-12 200 Freestyle	8	1 u	06:23 PM	_____
Finals	38 Girls 13-14 200 IM	16	2 u	06:26 PM	_____
Finals	39 Boys 13-14 200 IM	16	2 u	06:33 PM	_____
Finals	40 Girls 15-18 200 IM	16	2 u	06:39 PM	_____
Finals	41 Boys 15-18 200 IM	16	2 u	06:46 PM	_____
Finals	42 Girls 11-12 200 IM	8	1 u	06:52 PM	_____
Finals	43 Boys 11-12 200 IM	8	1 u	06:56 PM	_____
Finals	44 Girls 13-14 100 Breaststroke	16	2 u	07:00 PM	_____
Finals	45 Boys 13-14 100 Breaststroke	16	2 u	07:04 PM	_____
Finals	46 Girls 15-18 100 Breaststroke	16	2 u	07:08 PM	_____
Finals	47 Boys 15-18 100 Breaststroke	16	2 u	07:13 PM	_____
Finals	48 Girls 11-12 100 Breaststroke	8	1 u	07:17 PM	_____
Finals	49 Boys 11-12 100 Breaststroke	8	1 u	07:19 PM	_____
Finals	50 Girls 13-14 200 Freestyle	16	2 u	07:21 PM	_____
Finals	51 Boys 13-14 200 Freestyle	16	2 u	07:28 PM	_____
Finals	52 Girls 15-18 200 Freestyle	16	2 u	07:34 PM	_____
Finals	53 Boys 15-18 200 Freestyle	16	2 u	07:39 PM	_____
	Swimmers Counts for Warm-ups: 226	=====	=====		
	Entry / Heat Totals:	336	42		
	Finish Time			07:45 PM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 10 Sunday, Girls 13 & Older

Day of Meet: 3 Starts at 07:50 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	66 Girls 15-18 100 Freestyle	89	12	07:50 AM	_____
Finals	68 Girls 13-14 100 Freestyle	108	14	08:07 AM	_____
Finals	70 Girls 15-18 200 Butterfly	16	2 u	08:28 AM	_____
Finals	72 Girls 13-14 200 Butterfly	14	2 u	08:34 AM	_____
Finals	74 Girls 15-18 100 Backstroke	72	9	08:40 AM	_____
Finals	76 Girls 13-14 100 Backstroke	91	12	08:55 AM	_____
	Break: 10 Minutes:				
Finals	78 Girls 15-18 500 Freestyle	41	6 u	09:29 AM	_____
Finals	80 Girls 13-14 500 Freestyle	39	5 u	10:06 AM	_____
	Swimmers Counts for Warm-ups: 222	=====	=====		
	Entry / Heat Totals:	470	62		
	Finish Time			10:41 AM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 11 Sunday, Boys 13 & Older

Day of Meet: 3 Starts at 07:50 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	67 Boys 15-18 100 Freestyle	88	13	07:50 AM	_____
Finals	69 Boys 13-14 100 Freestyle	87	13	08:07 AM	_____
Finals	71 Boys 15-18 200 Butterfly	16	3 u	08:26 AM	_____
Finals	73 Boys 13-14 200 Butterfly	13	2 u	08:34 AM	_____
Finals	75 Boys 15-18 100 Backstroke	81	12	08:39 AM	_____
Finals	77 Boys 13-14 100 Backstroke	79	12	08:59 AM	_____
	Break: 10 Minutes:				
Finals	79 Boys 15-18 500 Freestyle	36	6 u	09:33 AM	_____
Finals	81 Boys 13-14 500 Freestyle	33	5 u	10:08 AM	_____
	Swimmers Counts for Warm-ups: 201	=====	=====		
	Entry / Heat Totals:	433	66		
	Finish Time			10:42 AM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 12 Sunday, 11-12 Combined

Day of Meet: 3 Starts at 12:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	82 Girls 11-12 100 Freestyle	123	16	12:00 PM	_____
Finals	83 Boys 11-12 100 Freestyle	85	11	12:27 PM	_____
Finals	84 Girls 11-12 50 Backstroke	97	13	12:46 PM	_____
Finals	85 Boys 11-12 50 Backstroke	71	9	01:03 PM	_____
Finals	86 Girls 11-12 200 Butterfly	7	1 u	01:15 PM	_____
Finals	87 Boys 11-12 200 Butterfly	2	1 u	01:18 PM	_____
Finals	88 Girls 11-12 50 Breaststroke	103	13	01:22 PM	_____
Finals	89 Boys 11-12 50 Breaststroke	71	9	01:37 PM	_____
Finals	90 Girls 11-12 50 Butterfly	107	14	01:47 PM	_____
Finals	91 Boys 11-12 50 Butterfly	68	9	02:02 PM	_____
Finals	92 Girls 11-12 500 Freestyle	18	3 u	02:11 PM	_____
Finals	93 Boys 11-12 500 Freestyle	15	2 u	02:33 PM	_____
	Swimmers Counts for Warm-ups: 285	=====	=====		
	Entry / Heat Totals:	767	101		
	Finish Time			02:48 PM	_____

Swim & Rock 2023 - 11/17/2023 to 11/19/2023**Session Report (Scratch Factor: 10%)**

Session: 14 Sunday, 9-10

Day of Meet: 3 Starts at 03:50 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	94 Girls 9-10 100 Freestyle	86	11	03:50 PM	_____
Finals	95 Boys 9-10 100 Freestyle	68	9	04:12 PM	_____
Finals	96 Girls 9-10 100 Butterfly	13	2	04:30 PM	_____
Finals	97 Boys 9-10 100 Butterfly	10	2	04:34 PM	_____
Finals	98 Girls 9-10 50 Breaststroke	91	12	04:38 PM	_____
Finals	99 Boys 9-10 50 Breaststroke	74	10	04:54 PM	_____
Finals	100 Girls 9-10 200 IM	17	3 u	05:06 PM	_____
Finals	101 Boys 9-10 200 IM	11	2 u	05:17 PM	_____
Finals	102 Girls 9-10 50 Backstroke	89	12	05:24 PM	_____
Finals	103 Boys 9-10 50 Backstroke	76	10	05:42 PM	_____
	Swimmers Counts for Warm-ups: 210	=====	=====		
	Entry / Heat Totals:	535	73		
	Finish Time			05:56 PM	_____